

U.S.A Residency 2022 Match Survey for International Medical Graduates: A Survey-Based Study

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Introduction

International Medical Graduates (IMGs) represent a quarter of the physician workforce and are integral to the U.S. healthcare system. The IMG **match rate in 2021 and 2022 was 56.7% and 59.4%**. The low match rate compared to U.S. medical graduates calls for critical analysis of the elements determining the match process outcome.

Aim: To demonstrate elements contributing to a successful residency match, identify IMG-friendly specialties, potential barriers and/or facilitators, and provide a subjective analysis of skills for interviews.

Methods

Participants were retrieved from social media platforms. HIPAA-compliant virtual surveys were distributed via e-mail between **May 2022 and June 2022**.

Exclusion criteria: Unmatched medical graduates (IMGs and U.S. grads), matched in 2021 or previous cycles, and U.S. medical graduates.

Inclusion criteria: IMGs successfully matched in the 2022 residency match cycle.

Results

Demographics:

22 participants. 77% female, 18% male, 5% non-binary/third gender. 64% between 25-30 years of age.

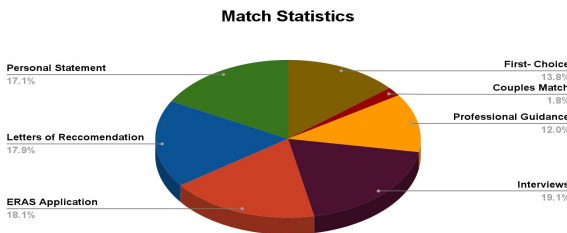


Figure 1: Factors Important for Residency Match and Match Statistics

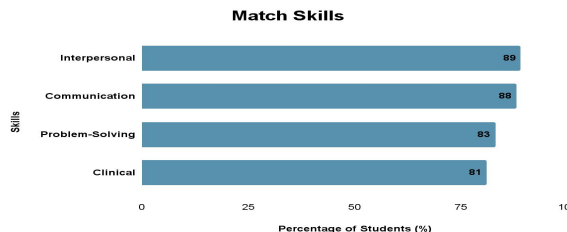


Figure 2: Skills Important for Residency Match

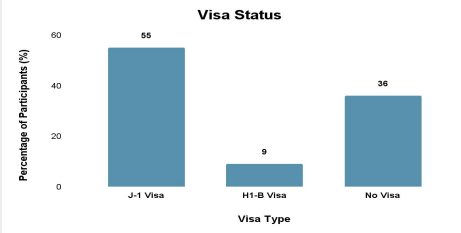


Figure 3: Visa Status of Matched Applicants

Conclusion

Acing interviews, a well-rounded ERAS application, letters of recommendation, and personal statements are critical for match. The findings of this study can help students and career advisers establish suitable application tactics, raise awareness about characteristics linked with failed match outcomes, and act as a stimulus for additional research.

Reference

National Resident Matching Program, Results and Data: 2022 Main Residency Match®. National Resident Matching Program, Washington, DC. 2022.